



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Group Exercise Room						
 5:30am Laura	 5:30am Virtual	 5:30am Jennifer N	 5:30am Jennifer N			
	 7:30 Virtual*		 6:45am Virtual			 8:30am Virtual*
 8:30am Nan		 8:30am Robin	 8:15am Gerd/Sabrina	 8:15am Robin	 8:30am Ruthie	 9:30am Robyn/lip/Laura
 9:30am Nan	 9:30am Gerd/Sabrina	 9:30am Nan		 9:15am Robin	 9:35am Gerd/Sabrina	
 10:40am Virtual*		 10:35am Virtual*				
		 12pm (Senior Lounge)		 10:30am Virtual*		
 12:30pm Virtual*	 12:00pm Virtual*	 12:30pm Virtual*	 12:00pm Virtual*	 12:30pm Virtual*		
 Lilian 4:30pm		 4:30pm Ruthie	 4:30pm Robin			 4:30 Virtual*
 5:30 pm Robin	 5:30pm Ruthie. J	 Jasmyrn 5:30pm	 5:30 pm Robert. R			
 6:30pm Virtual*	 6:30pm Virtual*	 6:30pm Virtual*	 6:30pm Virtual*			
Cycle Studio						
	 5:30am Lip/Madison			 5:30am Hollie		
	 9:00 am Robin H			 9:00am Blaire		 9:30am Madison
	 5:30pm Laura K					
Outdoors						
		 9:30am Robyn. C				
Mind Body Studio						
 8:15am Jill. F	 8:15 am Sammy. R	 8:30am Nan	 8:30am Jill. G	 8:30am Robyn. K	 8:30am Jennifer	 8:30 am Nan
 9:30am Frannie	 9:30am Cindy	 9:20am Irina	 9:30am Cindy	 9:30am Jill. G		
		 10:15am Jill. G		 10:35am Emily		
 11:30am Tracy		 11:30am Tracy				
 4:30pm Sammy	 4:30pm Jill. G	 4:30pm Brandi	 4:30pm Sara	New Classes! J-Dance, Wed 9:20am, 5:30pm Zumba, Mon @ 4:30pm Yoga, Tues @ 8:15am		
 6pm Claire		 5:30pm Irina				
Indoor/Outdoor Pool						
 10:00am Robert. R				 10:00am Robert. R		
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